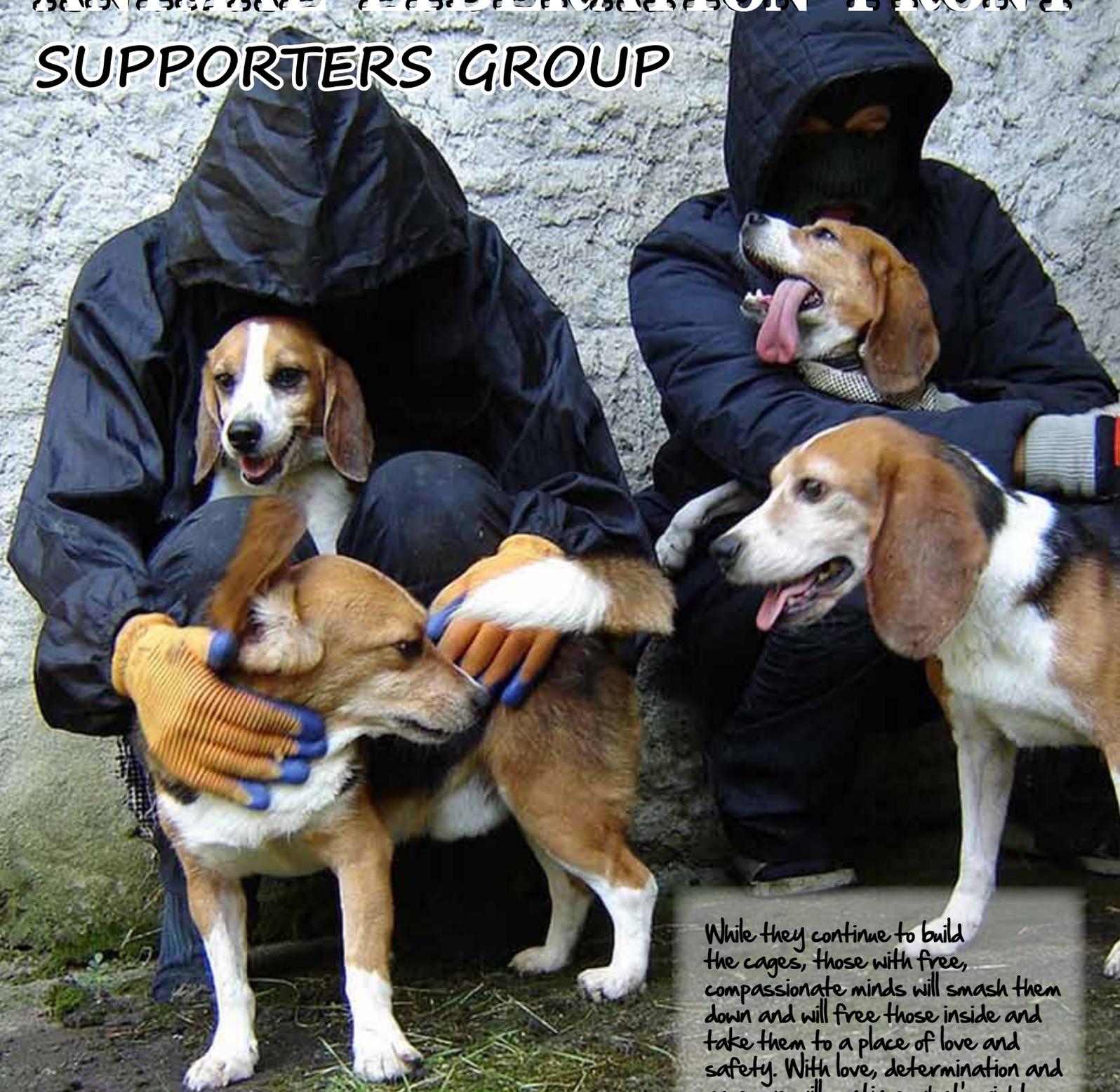


ANIMAL LIBERATION FRONT SUPPORTERS GROUP



While they continue to build the cages, those with free, compassionate minds will smash them down and will free those inside and take them to a place of love and safety. With love, determination and rage, we will continue what's right...



April 2011 - Inside this issue

News - Reviews - Prisoner Listings - Letters from Prisoners - Liberation Pictures & more...

For up to date prisoner listings and prisoner news, go to our web site at:
www.alfsq.org.uk



Jonny Ablewhite



Gregg Avery



Natasha Avery



Nathan Block



Walter Edmond Bond



Mel Broughton



Tom Harris



Kevin Kjonaas



Marie Mason



Eric McDavid



Daniel McGowan



Gavin Medd-Hall



Steve Murphy



Heather Nicholson



Dan Wadham



Kerry Whitburn



Sarah Whitehead



Joyanna Zacher

RELEASES SINCE LAST NEWSLETTER

Nicole Vosper (UK SHAC prisoner) - 14th Dec 2010

Alex Hall (USA) - 11th January 2011

Johnathan Paul (USA prisoner) - 17th January 2011

Gerrah Selby (UK SHAC prisoner) - 20th January 2011

Nicci Tapping (UK SHAC prisoner) - 23th March 2011

Jonathan Pollak (Israeli prisoner) - 30th March 2011

(Please remember that some prisoners are not publically listed above for different reasons - they will not be forgotten)

Action will always speak louder than just words alone...



"All beings tremble before violence. All fear death, all love life. See yourselves in others. Then whom can you hurt? What harm can you do? - Buddha

Editorial

As someone who has been involved in the animal liberation movement for the past 40 years, one of the biggest changes I have noticed is the massive increase in the severity of sentences dished out to those who break the law in their efforts to protect animals.

In 1975 (the early days of the ALF, when it was still known as the Band of Mercy), I was sentenced to 3 years for causing tens of thousands of pounds damage to property belonging to the vivisection and seal hunting industries. If I appeared before a court on similar charges today, I would be lucky to get away with 15.

In addition, protest activities that went unprosecuted in those days, now attract long prison sentences, owing to new repressive legislation and the twisting of the original purpose of certain existing laws (such as blackmail) so that they can be used against animal protection campaigners.

It would be easy to despair at this vicious onslaught against the animal liberation movement and it is not particularly pleasant for decent caring people to be forced to spend many years locked away due to their compassion for our fellow creatures. However, I do think there is a big positive to be taken from the situation.

If you attack a monster you cannot, not expect that monster to strike back, and the more you hurt that monster, the more it will lash out.

Those evil companies (and unprincipled governments that carry out their wishes), which make up the monster of animal persecution, are striking back so viciously only because of the hurt and fear they are experiencing through the onslaught of the animal liberation movement, and we should take great heart from that.

However, the animals we seek to protect, and those good people who risk their freedom to protect them will only be safe once that evil monster is slain and, whatever our chosen weapon of attack, whether it be the pen, the leaflet, the ballot box or the demonstration or direct action, we must be determined and resolute in our efforts to carry out that slaying.

Thanks for your continued support.

If you wish to join the ALF SG you can use the form on the back cover of this newsletter or obtain more details from: ALF SG, BM Box 1160, London WC1N 3XX or email us at: info@alfsg.org.uk, website: www.alfsg.org.uk

"Animal liberation is also human liberation. Animal liberationists care about the quality of life for all. We recognize our kinship with all feeling beings. We identify with the powerless and the vulnerable – the victims, all those dominated, oppressed and exploited. And it is the non-human animals whose suffering is the most intense, widespread, expanding, systematic and socially sanctioned of all." - Henry Spira



THE ALF SG

The ALF SG's role is to support financially, practically and morally, those brave men and women who end up in prison as a result of their actions on behalf of animals. This is a vital part of the movement, and we in turn depend on our members and supporters to enable us to help the prisoners at a time when they are most in need. We are separate to the ALF, and we operate legally and above ground. This vital work has continued unceasingly over the years, along with other like minded organisations who support animal rights prisoners. If you would like to join the ALF SG and help support our work, please fill out the membership form on the back cover.

GLOBAL LIBERATIONS



Sweden

5 beagles were liberated from labs at the Swedish Veterinary Institute in Uppsala



Italy

53 Chinchillas were liberated from a fur farm shed to start a new life...



Italy

3 piglets were given their freedom away from the suffering and trauma.



Spain

Two ducks are liberated from the boredom and captivity of the circus.



Spain

A turtle was rescued from a pet shop and called Walter, after Walter Bond.



UK

130 turkeys rescued from slaughter from Bernard Mathews intensive farms.



Spain

Two lambs rescued from a life of exploitation and certain death.



Italy

Neglected dog with electric shock collar rescued from cruel 'owner'.



Italy

Agriculture research building raided and chickens were freed & taken to safety.



Spain

36 beagles were liberated from Harlan breeding facility. (Also back cover picture).



Chile

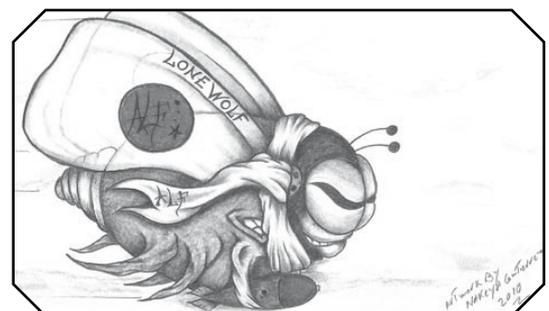
3 rabbits & a guineapig find caring, loving homes away from their cramped cages.

Also, over the past few months the following have been liberated:

- Rabbits freed in Sweden.
 - Ducks, Geese, Pheasants, Partridges and Quail freed in Italy.
 - Turkeys, chickens and rabbits rescued in Spain.
 - Fish, Ducks and Chickens set free at different vivisection suppliers in the UK.
 - Pigs and Chickens saved from slaughter. As well as rescued dogs, rabbits and beagles in Italy.
 - Impounded dogs released in Russia.
- And many more unreported liberations...

Liberations in the last four months in Sweden, UK, Spain, Czech Republic, Chile, Russia and Italy.

Other actions in Ireland, Sweden, USA, Chile, Russia, Italy, Germany, Spain, Mexico, Argentina, UK, Austria and France.



COMPASSIONATE PEOPLE ON EVERY CONTINENT
THE MOVEMENT & STRUGGLE CONTINUES TO GROW...

MAKING CONTACT WITH PRISONERS

Writing to prisoners

We live in a world where profit and property are valued over life and compassion, where those who try to stop suffering are seen as criminals and terrorists because they threaten the economic system and the status quo. As long as this continues to be the case, it is vital we support those activists who make the ultimate sacrifice. Receiving letters from the outside helps to stop these prisoners feeling isolated and other prisoners are always amazed at the amount of mail animal rights prisoners receive.

When you first start up correspondence with a prisoner, try not to ask specific questions, so prisoners don't feel under pressure to give a response. Please don't feel offended if you don't get a reply, or if a reply is a long time coming, as animal rights prisoners often receive large amounts of mail. They also frequently have ongoing legal matters to deal with, which can be a lengthy process. Consideration must be given to the fact that prisoners may not have time and funds or that they may not feel like writing.

Keep letters positive, talk about what is going on in your daily life or just send a bright card with a short note or a favourite quote. You can buy small packets of cards from many stationers and card shops which are really useful for keeping in touch with the prisoners. They are all very much appreciated and don't forget to send them an SAE. Thank you for your support!

Write to UK animal rights prisoners via email

Did you know that it is possible to write to all current AR prisoners in the UK via the "emailprisoner" service for just 25p per letter? It's cheaper, quicker and more convenient than conventional mail. Most UK prisons are either part of the scheme or are set to join in the near future. You have to pay in advance and register with an email address and password.

It's a really great way to keep our comrades in touch with the outside world. For example, if you see some news online or in an email, you can just copy and paste the text into an email and send it directly to the prisoner (no attachments though), with some news of your own perhaps? Or why not put a few stories and some news together, as you get 2,500 characters per email. **For more details please see: www.emailprisoner.com/**

Remember Barry Horne - 5th November 2011

This year marks the 10th anniversary of the death of Barry Horne. Barry died after he went on hunger strike several times in protest against government support for the vivisection industry, and their broken pre-election promises about animal experiments. The third of these hunger strikes lasted 68 days, and Barry never fully recovered. A short gathering of remembrance is being planned to recognise the sacrifice made by Barry on the 5th November 2011 at his burial site, more details to follow. See: www.barryhorne.org/

Help needed for rescue monkeys

We would like to share with all of you the story of 13 macaque monkeys (*macaca fascicularis*) that are now living in a wonderful monkey sanctuary in the centre of Italy. They have been spared from an unknown future of suffering and exploitation. Nobody knows where they come from and if they were destined to be tortured in labs or kept in zoos, but the tattoos on their chests let everybody think the worse was planned for them.

An organization called VitadaCani, running 3 shelters for dogs and "farm animals" in the North of Italy, managed to confiscate them one year ago and save them from a kind of clandestine life they were living; this happened after they had been alerted about this group of monkeys and someone decided to give these animals to them to find a suitable place to live.

The macaques are now living in "Parco dell'Abatino", a sanctuary where many primates find a new home and a recovery project for primates saved from vivisection has been funded. You can see some pictures of the macaques here, online at:



www.vitadacani.org/index.php?page=le-bambine

VitaDaCani is now paying 1500 euros a month to look after the macaques, which is a hard toll for a non-profit organization already maintaining 300 dogs and lots of other animals. It is the same organization that helped rescue the Morini beagles and create a network of shelters and homes for 283 of them.

They are asking for support to help with the new life of these wonderful macaques, the first ever rescued in Italy. Some Italian and Swiss organizations have committed to pay one month a year to support this project. If your organization is willing to help whatever donation is appreciated, but a commitment to pay a certain sum every year would be much much better, not necessarily one full month of 1500 euros.

If you want to get more pictures, more infos or get in touch to help, please contact:

Vitadacani - Association For the Protection of Animal Rights,
Via Mazzini 4-20020 Arese (Mi), Italy.

Tel: 02.93871132 - 349.0581076

E-mail: vitadacani@vitadacani.org

Mel Broughton - HMP Bullingdon

I was recently send a copy of a report into the replacement of non-human primates in brain research. As these reports are tended to be written in a fairly dry academic language its surprising when words like "savagely cruel" appear in them. Even more so when the authors of such words are scientists themselves.

As I read on I noted with increasing dismay that not only is the "savage cruelty" contemporary it has been the mainstay for some animal researchers for 10, 20, or even 30 years and with no clinical application of the research in sight. And its not just primates that suffer this pointless torment, rodents the scientists favourite "volunteer" have suffered more than any other animal in this academic crusade.

None of this comes as news that animal rights campaigners will not already be aware of. However, the political inertia and media propaganda that is fuelling the growth of animal exploitation and abuse has taken on new levels of complicity. On the 3rd March 2011, Protest the Oxford based pro-animal testing group, held its five year anniversary talk. The mutual back slapping and self congratulation on over-seeing the successful build of the Oxford animal lab was obviously the big talking point. But just how did a group with very limited public support come to legitimize what far more qualified people have called "savagely cruel" animal experimentation and a "scientifically invalid sideshow".

In many respects this question is one that must be faced by the whole animal rights movement. The fact remains the science, ethics and philosophy that underpin animal rights campaigns is legitimate and deserves the attention of the very highest legal authorities. The reality we face is one of a perverse and illogical prejudice that has been allowed to take hold in the centres of power and decision making.

There are of course many individuals and groups valiantly campaigning for change. It is often said that we lack the necessary resources to tackle the pervasive hold of the animal exploitation industries. I disagree, we do have the resources but lack the real focus required. And this focus isn't just limited to animals in labs, it includes all animals languishing in factory farms, zoos, circuses and every other industry or body that relegates non-humans to units of production or entertainment.

Regardless of species the animal rights movement can be proud that its put their plight into the public consciousness. It's now time to focus the decades of struggle and learning into a clearer message, on that can

be adopted by the large sections of society that already understand animal rights on a philosophical level. In order for our resources as a movement to be used to best effect we must now agree on some principles that represent the best chance of legal change in the status of non-humans. For those who find themselves unable to see such a strategy adopted by a diffuse and at times divergent movement then there are some important points they should think about carefully.

The modern animal rights movement has since the birth of the activism of the Hunt Saboteurs in the 1960s pushed itself in the consciousness of a generation. As the activism grew to include the hidden worlds of animal research, factory farming, circuses, zoos and every dark corner where animals suffered then so did the corresponding awareness of those looking on. And its some of those who were "looking on" that in the coming years will fill positions of authority in the law, academia, and other influential bodies.

The time has come to start work on coalescing the case for animal rights that can recognizably represent those principles on which we all agree regardless of campaign allegiance. And the extent to which the animal rights movement has been demonized by the media should give more, not less hope of success. When you're limited to calling everyone an "extremist" who speaks or acts on behalf of the abused animals it only serves to underline the paucity of your argument. The fact that sentient aware non-humans can be subject to 10, 20, or 30 years of invasive and "savagely cruel" experimentation and not attract the label of "extremism", begs the question?....

Animal rights is not just some abstract or ephemeral idea that can be kicked into the long grass of human thinking. It represents the most dynamic and important concept that affects our very ideas of justice and equality of life. The animal rights movement is the embodiment of that concept and the vehicle that drives it. Our volition and the sound principles that underpin the animal rights agenda must now be forged into the focus that will trigger the process of unstoppable change for the exploited and abused animals everywhere. - Mel

"I suppose we should take comfort from the change that has come over our attitudes during the intervening century. Perhaps, in a negative sense, Hitler can take some credit for this, since nobody wants to be caught saying anything he said. But what, I wonder, will our successors of the twenty-second century be quoting, in horror from us? Something to do with our treatment of other species, perhaps?"

Richard Dawkins, "The Ancestors Tale"

Jonny Ablewhite - HMP Hewell

My Dear Vegan Friends,

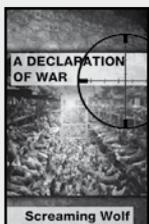
Oi Oi – you wonderful people! How are you all? I keep seeing adverts for April's World Day for Animals in Labs in all the awesome A/R publications I receive. We all used to work so intensely in our long-passed SNGP campaign, trying to gather as many good people together to dance in animal costumes or bawl through megaphones and make World Day an unforgettable carnival of compassion! It usually worked!

Such sublime and powerful memories! If you're reading this before the 16th of April, then use that day in majestic Manchester to value your dedication to animal liberation and pledge your commitment for another year - a lifetime! I hope you make some freakin' noise for all the innocent victims of the murderous and the insane! Please spare a roar for me and the earth and animal rights prisoners locked up in the sunshine. I need it right now. This utterly predictable prison sentence of mine has taken another recent turn for the worse. I won't bore you with the details but they've slapped the cuffs back on me and I've been "deategorised" back to B cat again. It's heartbreaking...

My aunt is terminally ill. My mum has secondary cancer in the liver and now I can't see them. My aunt is bedridden and my mum will be too weak after further crippling surgery. My family are appealing for a compassionate reprieve but we are preparing for more howls of laughter peeling through the corridors of prison power. Let's see how the hegemonic dust settles. For now, it's back to two of us eating and sleeping in a toilet! Nice. I'll keep you posted.

In the meantime, live and love your Veganism, scream for the animals on World Day and don't stop writing to me until I am released from this most lamentable latrine!!

Yours for the animals, Yours for you,
Love and Liberation, Jonny x

BOOK RELEASE - Declaration of War by Screaming Wolf

"Liberators believe that a human has a no greater claim to life than a mole or a sea bass. They feel that humans are the lowest form of life, and that the world would be a much better, more peaceful place without them. If you agree with this position, then you will love this book." - Screaming Wolf

Dan Wadham - HMP Camp Hill

Dear all,

Well, it looks like this will be my last letter in the SG before my release... Although, I've not exactly been a prolific writer in here anyway!

My deepest thanks go out to the people involved in the SG, VPSG and ARPS - your support throughout my sentence has been amazing, I really can never thank you enough. Thanks also to everyone who has ever written to me, I've been terrible at responding but I've kept each and every letter and your messages of support and solidarity have never failed to brighten my days in here.

My heart goes out to those still with time left to serve in this fucking prison system ghetto, to those who continue to fight the stupid capitalist system of fear and oppression, and of course... to the beautiful creatures still held hostage by the apparatus of abuse, murder and exploitation. My thoughts and dreams are with you and I send you all a huge hug of love, solidarity and strength. You all inspire me so much, please don't ever give up and don't ever give in. Until we are all free.

Dan x

PS If anyone knows anybody with a room to rent in Brightonplease let me know! & nbsp ;

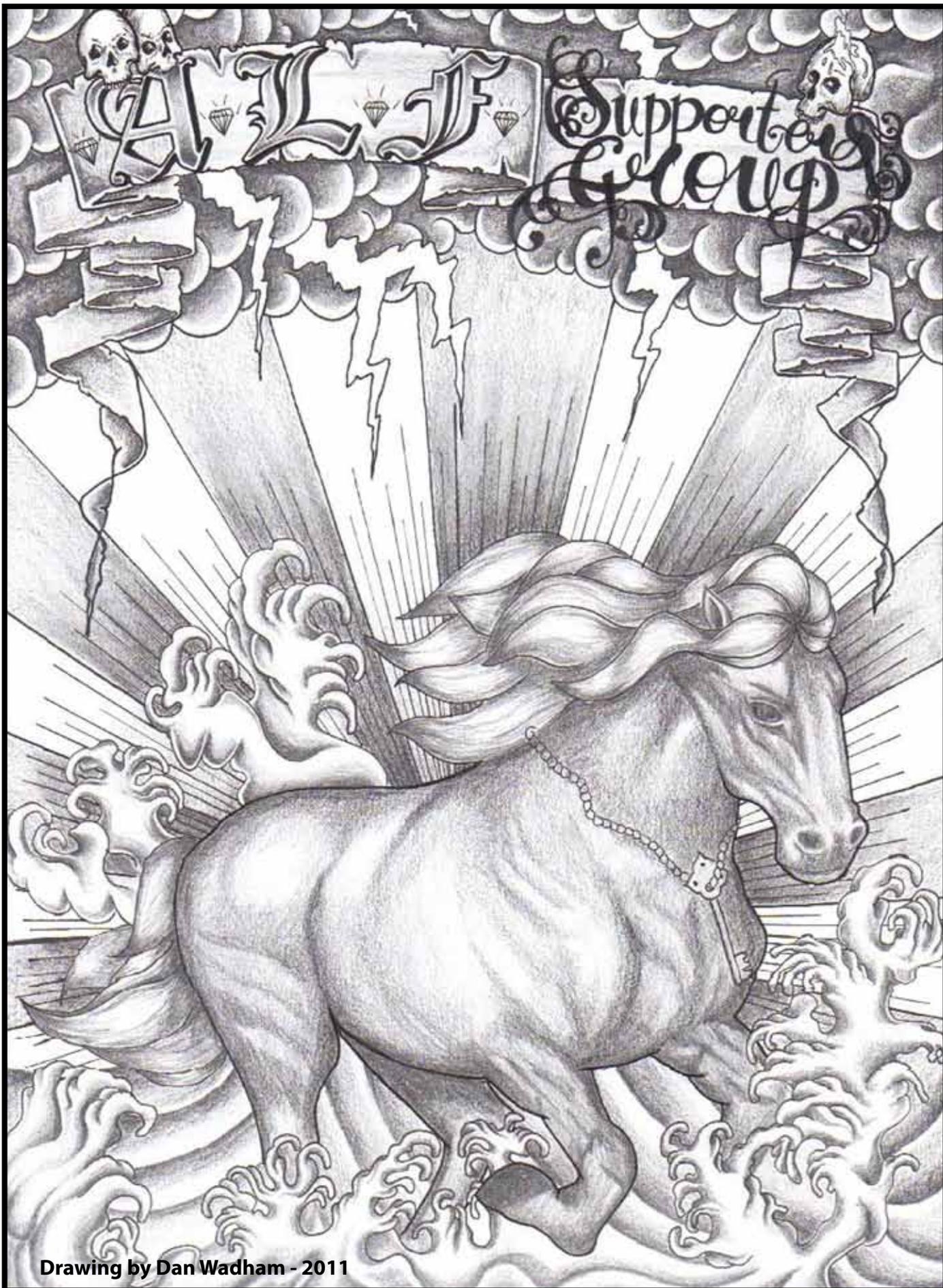
Sarah Whitehead - HMP Bronzefield

It seems madness to write about prison and anything I am doing in here when there is so much turmoil out there. I'm following the Middle East protests with admiration and hope for the people, watching events in Japan with horror at the devastation and fall out. I think too about all the animals in these countries caught up in man's troubles, suffering and dying. Obviously, I don't have access to the internet but I've been told of stories of desperate bids for survival by dogs, cats and horses. To me all life matters and any suffering pulls at my heart and I long to be out there again to help and make a difference.

I'm sorry this is not an interesting or ground breaking letter. All I know is we have so little time on this planet and all that matters is to fight for justice and change, to save, comfort and restore all living beings and to never give up or give in.

Thank you to everyone who writes and supports me and all the AR prisoners. Thank you to the SG and all the help they give. Here's to a better world, the end of HLS, to liberation and equality.

Lots of love Sarah xxx



In Defense of the Underground

by Walter Bond

There is a war. Every second 321 farmed animals are slaughtered. Every year nearly 200 Billion pounds of milk are produced by the rape of "dairy" cows. Nine Billion chickens are murdered annually so that flesh eating bastards can dine on Gore and filth. All too often we fear these numbers and they fly right over our heads.

Did you know that you don't even reach a billion seconds of age until nearly 35 years old. Are you aware that right now and animal is being tortured to death by demons and lab coats, for entertainment, food, clothing, vivisection and any other trivial and redundant reason you can imagine, animals suffer and die worst deaths than we can even rack our minds around. And what do we do? We posture and pose. We debate the validity of tactics like arson because there may be a field mouse in the wall. How many bugs, snakes and nocturnal critters have you killed with your metal monster, I mean car? If you saw a man skin a cat in a field so that he could sell its "pelt" which are not run over and stop him because you might step on a mouse unseen in the grass? Give me a break. If these are your ridiculous reasons for not joining or supporting the animal liberation front then you are a pretend friend to animals. Let me guess, you're a pacifist. Yeah right, I doubt it.

If you were in a cage being raped, beaten and violently tortured and murdered you would want someone to liberate you, stop your torturer with brute force and the building that they held you in to be burnt to the ground. You're only a pacifist when it's not your neck on the chopping block. I'd bet my life on it. What else, oh yes, you're a vegan you're doing your part. Non-participation in evil is obviously the first step but your veganism is not saving any lives. The human population is growing, on the day you or I went vegan 100,000 kids got weaned into flesh as food. And veganism doesn't turn you into an instant activist, only being active can do that. Example, I am not a rapist, I never have been, I never will be. But wouldn't it be dishonest for me to represent myself as a rape prevention activist? Simply because I don't engage in said behavior. Well if it's that easy to be pro active then I'm also a human rights activist, I'm an activist against child molestation, I'm an activist against domestic violence. Actually there is so many evils I don't participate in I'm actually solving the entire world's problems, by not doing anything? hmmm... how conveniently lazy and apathetic.

Actually if you find a behavior or system of abuse deplorable the least you can do is not participate in it. Then you have the militant posers. You've got every earth crisis and hardline vegan album and T-shirt ever made. You look the part and talked the talk better than the rest. In fact the more years you pose like this the more others in the scene respect you. Once in a blue moon you go to a protest so that you can knock the dust off your balakava and get some pictures of yourself looking like an animal rights ninja. And if I called you out on your bullshit to your face you would say something like "you have no idea, what I do when the sun goes down." Yes I do,

you go to bed. The only time you should put a bandanna on your face is if you are cleaning a chicken barn at a sanctuary or about to kick ass for the animals. To do otherwise is to disgrace the institution of radicalism and make a mockery of the sacrifices of real earth and animal liberation warriors. The most powerful way is to become a direct activist. That means centering your activity in the tactics around endeavors that either directly help and save animals were directly confront their exploiters.

Something you can do to help animals or work at a sanctuary or help them out with a few bucks since caring for animals can be costly or you can do a home demo, you can let an animal exploiter and their neighbors know that killing animals or profiting from their dead bodies is sick and wrong and will not be tolerated. Or best of all you can join the underground resistance and make the most impact.

Since 1976 the animal liberation front has been saving animals lives and shutting down places of abuse and harm. The ALF has also educated the public through hundreds of communiqués that not only is there cruelty going on behind the scenes but that it will not be tolerated. Actions for animals have been nightly all over the world. But there are others in the underground as well. The brave and noble warriors of the animal rights militia and Justice Department employ all the same tactics of the animal liberation front but are not restricted by a philosophy of nonviolence. I think that's great. Anything that stops animal exploitation is of value and anything that allows animal use and abuse to continue is unacceptable. Even as I write this I can hear the hysterics of apathetic animal rights activists misplaced contention. Really, why don't you lose your marbles over the fact that US soldiers have been murdering brown people in the desert for over a decade straight.? Where's your outrage when police execute blacks on camera and in public?

True to pacifists hypocrisy you aren't appalled by violence you're appalled by unsanctioned violence. This is because many of our own activists are as insane as the society they live in. If you are more freaked out by the statement "not restricted by a philosophy of nonviolence" then you were by the statement "every second 321 farm animals are slaughtered" then this is testimony to your faulty morality. The issue of animal abuse and death are credibly serious for the industry beings involved. To them it is unimaginable wickedness. Morally it's depravity at its worst. Because not only is it unnecessary killing, it's the murder of innocent beings which compounds the evil. The environmental impacts are staggering as well. Deforestation and grazing for livestock go hand-in-hand. 55% of all drinking water is used for the raising of that "livestock". Waste runoff is the number one polluter of the other 45% of that drinking water. Anyway you look at it you can not build a just system off the most cruel and objectification's in the worlds history!

We treat animals with no regard because they are the least able to defend themselves in an organized way. And from there all the way up the hierarchy of exploitation may get used and abused according to your inability to defend yourself from

attack. What a sad and sick construct. There is such a thing as cause and effect. Spiritualists call it karma. No matter what you call it it's unavoidable and inescapable. In the case of animal liberation what it means is you are not going to fight and succeed against the most proactive evil that our animal sisters and brothers endure by eating soy yogurt or lighting candles. Industries that make billions of dollars off the systematic murder don't stop because of morality. If they had a shred of decency they wouldn't have gotten into that business to begin with. They stopped because they are fought and they lose. It's the only language that any bully understands. Now I don't expect every vegan to spring into action and become a warrior for animals, obviously that's not going to happen. But badmouthing and standing against those that are actually saving animals or taking the fight for their freedom to the exploiters front doors and businesses is unacceptable. I will tell you here and now that that you disgust me and you have no idea the risks that we in the underground take. And all that we sacrifice to be who we are. Until you couch surfers and armchair generals can match your high and mighty opinions with actions than those opinions are invalid. This is a war and the earth and animals have hardly any human resistance on their side. As long as vegans and so-called animal rights activists succumb to compassionate apathy then the rest of us are obligated to become fire breathing fanatics. You can't escape cause and effect.

When I was arrested I had in my backpack a copy of a manifesto entitled "Declaration of War" by Screaming Wolf. It is the single most dynamic and powerful manuscript for animal liberation I have ever read. While parts of it are dated its principles and programs of action are timeless. Read it, reread it let its truths empower you and then become a liberator. If that is not within your realm of possibility. Then start an animal liberation front support group. Help an actual animal, protest aggressively, if you're not vegan, go vegan. Do something besides hiding your cowardice by attacking other's bravery! Right now in Mexico the ALF and ELF are leading the way in activism and have been for years they are shining example for us all to follow. Support them and our person comrade Adrian who is vegan in the Third World prison and remains defiant in the face in of adversity. Until society stops exploiting animals. We are at war with society. Until there is an end to the destruction of the planet there will be no end to the destruction of property. As long as there is an enslaved animal and an exploiter for pleasure or profit then there will always be someone to take the place of an imprisoned ALF activist.

Animal liberation, whatever it may take!
Walter Bond

Kerry Whitburn - HMP Lowdham Grange

(Written Monday, 22-11-10)

Hi Everyone.

How ya diddlin'? I hope you're all in good health spiritually, emotionally, physically and psychologically. Well, maybe not so good psychologically with a lot of you! HA HA! ONLY JOKIN'! TRULY!

Anyway, it's that time for me to babble on to you all about whatever I've been thinking about or reflecting on recently. So here I am! But to begin with, I must say a MASSIVE and heartfelt "THANK YOU" to EVERYONE who has supported me in any way, up until now. Apologies of the truest and sincerest kind to anyone who has not received a reply from me recently, but I promise you WILL hear from me in the near future. Please don't ever feel your support is not valued or appreciated because it TRULY is. I appreciate and value every single one of you. But I'm simply crap at replying to letters now, and as I've said many times before - I have become worse over these past five years!

Talking of which, this time next year I'll be out! Yes, at the time of writing I've served nearly five years and two months. So have just over 10 months to serve. Can not bloody wait, believe me! And though I am trying my absolute best to avoid counting the days I can't help but feel slight twinges of excitement when I think: "This time next year..." But on the same token I still reflect on the whole prison experience so far as well as regularly reflecting on life too. There have been many, many dark and desperate experiences and occurrences - particularly during my role as a buddy - but I tend not to dwell on such.

Instead, I replace such negativity with humorous reflections of which there have been many. Besides, I can except negative aspects of prison as being simply that - aspects of prison. So, it is important, I believe, to ignore or bury none of the memories of prison but to focus on the positive ones during reflection. Such as the time an English speaking foreign national prisoner told me - on many occasions - how he'd "got rid of his silly sister because she was no good". Now, in my role as a Buddy I am bound by confidentiality, but I did consider the fact that I'd be obliged to discuss with him how he had "got rid of his silly sister".

Anyway, imagine my utter delight and embarrassment - when he showed me a letter from his new silly sister. Yes, turns out he was talking about his solicitor!

Then there was the time a prisoner was admiring the huge poster of Gandhi I have on the wall, but then faced me with a totally bewildered expression on his face. "what's wrong?" I enquired. "How do they know that's what Gandhi looked like?" he asked. "Erm, well. Many people met him and he was filmed and photographed on many occasions", I replied. Again, a confused glance towards me, followed by: ""That can't be true, they didn't have any sort of cameras in those days and anyway, I've never seen any paintings with Jesus' disciples having a man looking like him in it!" Well, after taking a few seconds to compose myself - and keep my dignity - I simply managed to gurgle out: "Uh!" He then said: "Yeah, you're trying to blag me. They ain't gonna have photographs of any of the disciples, 'cos if they did we'd all know what Jesus looked like". He then walked out leaving me with a confused and bewildered expression!

But one of my favorite reflections/memories is one where a wing cleaner was complaining at being expected to do extra work. Actually, this particular lad - (Yes, I can officially say "lad" *Kerry's letter continues on page 12...*

Letters

Kerry's letter continued from page 11...

when you consider I'm now at the age where I could be a Dad to many of the prisoners here!) - complained at having to do any work whatsoever! But on an afternoon following him sleeping all morning the officers decided he should do more work than the other cleaners in order to compensate for his lazy morning.

His extra work included wiping the handles and locks of every door - they need to be kept clean for health and safety reasons - with a cloth soaked in hot, soapy water. At this time of the officer requesting he did this, the conversation occurred outside my cell; I was listening/talking with a prisoner, so was aware of the 'outside conversation'. (Yes ladies, men can multi-task too! hee hee!). So I was also fully aware of what next occurred. After mumbling and grumbling for a few seconds, the wing cleaner in question began his task by wiping the handle and lock of the door to my cell I am in. Quite vigorously, too! But then he shouted: "Oh for fuck sake, Guv', I ain't doing this 'cos the cloth ain't workin'!" The officer then simply walked across the landing to him and after obviously examining his cloth, replied: "Yeah, you have to wet it to make it work properly!"

Anyway, folks, on that note, I'll bid you all a fond farewell. Take care, stay focussed and never forget. Although the fight for Animal Liberation is a serious issue which can create darkness, by at least attempting to include humour in our life can keep us positive and positivity can only help us maintain necessary focus and mindfulness.

Big love & hugs to you all
Kerry xxx

Steve Murphy - FCI Beaumont

Friends,

I want to begin by thanking everyone who has written letters and donated money. It really does help to make this surreal situation a little more bearable. I know I would never have made it this far without all your love and support.

I have been in jail and prison now for just over 17 months and I have another 29 to 30 months left until I can go home. The prison I am in allows me occasional freedom of movement, adequate meals, vocational training classes, email and phone contact, and visits when folks

choose to come. It is far more than many other prisoners have. For many, prison is a horror story you and I cannot even begin to comprehend. For many, prison is being locked up in a tiny cell 24 hours a day, 7 days a week, the only movement or exercise they will get is struggling to not be poked and prodded, stabbed and injected again. For many, this tiny cell is the only life they will ever know again and they will die never again seeing a tree, breathing fresh air, or even feeling the tender touch from someone who loves and cares about them. I am lonely for lack of kind and tender humyn contact and I am grateful that I have only 29 months left where others have years. But I know I will survive this misery because the larger picture needs people like you and me to rise above these trials. The planet, the animals that swim, fly, run, and crawl, the people need us to survive these momentary tortures of our spirit. I have lost much being jailed but what have I really lost? A partner, a few possessions - but if because of exercised apathy I had no clean air to breathe or clean water to drink I would be losing so much more.

I am happy to hear more people are getting into local urban gardening projects. It really is going to be important in the coming years. No doubt you have witnessed, even lived through, the recent near catastrophic storms that have smothered much of the U.S. in layers of snow and ice, or heard about the massive flooding in Brazil and Australia together displacing millions of people, causing billions in damage and unknown chaos and horror to all the animals not quick enough or able enough to escape the wrath of an angry mother. Eco-scientists are saying the Amazonian rain forest will succumb to the 'warming trend' the world is now coping with too. I have to keep scratching my head as I ask again, what will it take for you to stop driving your cars? What do you really need to know to stop eating meat?

Do you really need to see the last fish choke to death in the oceans, seas and shorelines from all the pollution spewed into the waters every day? Do you really need to see the last bird and bee fall from the sky because the foods that she ate were smothered in toxic chemicals?

A nice compliment to your urban garden would be a bicycle, preferably one you build yourself, in the place where a large metal monster once stood. Ride Your Bike! Fuck Cars! You really don't need them. What did you do before you had one, you rode a bike, right? No community, no city is so big that you need to shit all over it by driving a car.

Peace and Love, Steve
xx

UK Prisoners

Prisoners really appreciate letters and staying in touch with the outside world, it's one thing that makes their incarceration more bearable, so please do write to them or drop them a line or two on a card.

Jonny Ablewhite (A5750AH)

HMP Hewell, Hewell Lane, Redditch, Worcs B97 6QS. Jonny has been inside since September 2005 and is serving 12 years for conspiracy in connection with the Newchurch Guinea Pigs Campaign. Birthday: 27th January.

Gregg Avery (A4874AD)

HMP Coldingley, Shaftesbury Road, Bisley, Woking, Surrey GU24 9EX. In January 2009 Gregg was sentenced to 9 years for conspiracy in connection with HLS campaigns. Birthday: 5th December

Natasha Avery (A5180AD)

HMP Send, Ripley Road, Woking, Surrey GU23 7LJ. In January 2009 Natasha was sentenced to 9 years for conspiracy in connection with HLS campaigns. Birthday: 28th December

Mel Broughton (A3892AE)

HMP Bullingdon, PO Box 50, Oxford, OX25 1WD. Mel was remanded on 14-12-07 and was sentenced on 13-02-09 to 10 years for animal rights related offences against Oxford University animal experiment lab. Birthday: 5th July

Tom Harris (A8086AX) - 25-10-10

HMP Winchester, Romsey Road, Winchester, Hampshire, SO22 5DF. Tom is one of the second UK SHAC 6 trial campaigners and was sentenced at Winchester Crown Court to 4 years on 25-10-10 for conspiracy in connection with HLS campaigns. Birthday: 21st May

Gavin Medd-Hall (A3624AD)

HMP Coldingley, Shaftesbury Road, Bisley, Woking, Surrey GU24 9EX. In January 2009 Gavin was sentenced to 8 years for conspiracy in connection with HLS campaigns. Birthday: 20th March

Jason Mullan

Jason (JJ) is one of the second UK SHAC 6 trial campaigners and was sentenced on 25-10-10 at Winchester Crown Court to 3 years under Section 145 of SOCPA. JJ has asked to be removed from the mailing list due to personal reasons but would like to extend a huge thank you to everyone for their previous support. Birthday: 1st May

Heather Nicholson (A3158AJ)

HMP Foston Hall, Foston, Derby, Derbyshire DE65 5DN. In January 2009 Heather was sentenced to 11 years for conspiracy in connection with HLS campaigns. Birthday: 30th January

Gerrah Selby - Released - 20-01-11

In January 2009 Gerrah was sentenced to 4 years (One of the UK SHAC 7). She was released in January and thanks those that supported her. Birthday: 26th February

Nicola Tapping - Released - 23-03-11

Nicola (Nicci) was one of the second UK SHAC 6 trial campaigners and was sentenced on 25-10-10 at Winchester Crown Court to 15 months under section 145 of SOCPA. Nicci was released on 23rd March 2011. She is grateful for all the support she received. Birthday: 9th May

Nicole Vosper - Released - 14-12-10

Nicole was one of the second UK SHAC 6 trial campaigners and was sentenced at Winchester Crown Court to 6 years on 25-10-10 for conspiracy in connection with HLS campaigns. Nicole was released after 21 months and thanks everyone for their support. Birthday 15th February

Dan Wadham (A5705AA)

HMP Camp Hill, Newport, Isle of Wight PO30 5PB. In January 2009 Dan was sentenced to 5 years for conspiracy in connection with HLS campaigns. Birthday: 3rd February

Kerry Whitburn (TB4886)

HMP Lowdham Grange, Lowdham, Nottingham NG14 7DA. Kerry has been inside since September 2005, and is serving 12 years for conspiracy in connection with the Newchurch Guinea Pigs Campaign. Birthday: 18th April

Sarah Whitehead (VM7684)

HMP Bronzefield, Woodthorpe Road, Ashford, Middlesex TW15 3JZ. Sarah is one of the second UK SHAC 6 trial campaigners and was sentenced at Winchester Crown Court to 6 years on 25-10-10 for conspiracy in connection with HLS campaigns. Birthday: 12th February

International Prisoners

Nathan Block, #36359-086

FCI Lompoc, 3600 Guard Road, Lompoc, CA 93436, USA. Sentenced to 7 years and 8 months. (one of the Operation Backfire prisoners - e-mail: solidaritywithsadieandexile@gmail.com) Birthday: 6th March

International prisoner listings continue on page 14...

Prisoner listings continued from page 13...

Walter Edmund Bond, 2011-03339 - Updated - 13-04-11

Davis County Jail, PO Box 130, Farmington, UT 84025-0130, USA. Walter, 34, was arrested by federal agents on 22nd July after his brother informed on him and he was sentenced on 11/02/11 for burning down the Sheepskin Factory in Glendale, Colorado and has been sentenced to five years and three years parole.

Support page: www.SupportWalter.org Birthday: 16th April

Kevin Kjonaas, 93502-011

FCI Sandstone, P.O. Box 1000, Sandstone, MN 55072, USA. Sentenced to 6 years, one of the SHAC 7 (now 1) prisoners www.shac7.com/kevin/index.htm Birthday: 31st October

Marie Jeanette Mason, 04672-061

FMC Carswell, Federal Medical Center, P.O. Box 27137, Fort Worth, TX 76127, USA. Marie was sentenced on 5th February 2009 to an outrageous 21 years and 10 months imprisonment for ELF/ALF actions. <http://freemarie.org/> and <http://supportmariemason.org> Birthday: 26th January

Eric McDavid, 16209-097

FCI Victorville, Medium II, Federal Correctional Institution, PO Box 5300, Adelanto, CA 92301, USA. Sentenced to just under 20 years for conspiring to think about actions! (Part of an FBI sting operation)

www.supporteric.org Birthday: 7th October

Daniel McGowan, 63794-053

USP Marion, U.S. Penitentiary, P.O. Box 1000, Marion, IL 62959, USA. Sentenced to 7 years for his part in two arsons and his role in an ELF/ALF conspiracy (one of the Operation Backfire prisoners). www.supportdaniel.org Birthday: 2nd May

Steve Murphy, 39013-177

FCI Beaumont Medium, Federal Correctional Institution, PO Box 26040, Beaumont, TX 77720, USA. Steve Murphy has been charged with a 2006 E.L.F. action in Pasadena, CA. and was recently sentenced to 5 years on April 5th, 2010 after previously pleading guilty. Steve is also an animal rights activist and vegan.

<http://supportsteve.org/> Birthday: 3rd September

Jonathan Pollak - Released - 30-03-11

On 11-01-11, Israeli vegan animal rights activist and member of anarchists against the wall. He has been released from Hermon Prison in Israel, he wishes to thank those that supported him and send him letters and cards. You can contact him through the following email address (they will be passed on to him): xfreejonathanx@gmail.com

Jonathan Paul - Released to halfwayhouse, 17-01-11

Jonathan was released from FCI Phoenix on 17-01-11 into a halfway house in Seattle and fully released on 08-04-11. (he was one of the Operation Backfire prisoners).

www.supportjonathan.org Birthday: 31st January

Joyanna Zacher, 36360-086

FCI Dublin, Federal Correctional Institution, 5701 8th St - Camp Parks, Unit E, DUBLIN, CA 94568, USA. Sentenced to 7 years and 8 months. (one of the Operation Backfire prisoners) E-mail: solidaritywithsadieandexile@gmail.com Birthday: 25th January

MEXICAN PRISONERS

Adrian Magdaleno Gonzales

A university student of 22 years who was arrested in February 2010, has been sentenced to 7 years 11 months and five days and is being held at the Reclusorio Norte del Distrito Federal Prison. For more information: <http://grupohastaelfinal.wordpress.com> or to send letters of support, email us at libertadparaadrian@hushmail.me

Braulio Arturo Duran Gonzales

Braulio Arturo Duran Gonzales was arrested on September 24, 2010 and is accused of involvement in a series of attacks against banks and other targets. Braulio is vegan.

Letters to Braulio can be sent to: hastaelfinal@riseup.net

Abraham López Martínez

Abraham has been held since Dec 2009 at a youth detention center in Colonia Narvarte, Mexico City. He was accused of damaging property and subversive association. Abraham is vegan.

Write to Abraham via Anarchist Black Cross-Mexico: cna.mex@gmail.com

LEGACIES

There are many ways to help us continue our work, and remembering us in your will is one such way. If you feel you would like to leave us with a donation or sum of money, please consult your solicitor. The following statement can be used as a guide:

" I BEQUEATH TO THE ANIMAL LIBERATION FRONT SUPPORTERS GROUP PRESENTLY AT BCM 1160, LONDON WC1N 3XX, THE SUM OF, AND DECLARE THAT THE RECEIPT OF THE TREASURER OR OTHER AUTHORISED OFFICER OF THE SAID SOCIETY SHALL BE GOOD AND SUFFICIENT DISCHARGE OF SUCH LEGACY. "

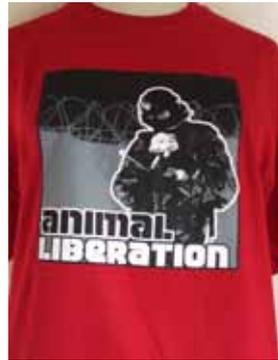
SG Merchandise



T-shirt - £10 inc postage (sizes S, M, L & XL)



T-shirt - £10 inc postage (sizes S, M, L & XL)



T-shirt - £10 inc postage (sizes S, M, L & XL)



T-shirt - £10 inc postage (sizes S, M, L & XL)



T-shirt - £10 inc postage
Hoody - £20 inc postage (sizes S, M, L & XL)



Activist & liberated dog badge - gilt/black/white



Classic circle ALF badge - available in 5 colours: black/white, black/ chrome, black/red, black/purple and black/green. The badges are all quality enamel badges with proper pin fixings and are only £2.50 inc postage.

SG order form - (for overseas orders, please email us first: info@alfsg.org.uk)

Description/Size	Quantity	Cost

Name:	Address:	
		£

Please complete order form and send it to the address on right >>



Fist and paw badge in black/chrome

Please make cheques/POs made out to: 'ALF SG' and send to: ALF SG, BM Box 1160, London WC1N 3XX

DISCLAIMER

The Animal Liberation Front Supporters Group is separate from the Animal Liberation Front and any other organisation involved in breaking the law. The ALF Supporters Group exists to support animal rights prisoners and to report news of direct action taken on behalf of animals.

The ALF SG has no prior knowledge of ALF actions and does not seek to incite others to copy or take part in such actions. The ALF SG and those involved in this publication or any part of the group have no intention of encouraging anyone to break the law.

All information contained in this newsletter exists only for the purposes of information.

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You can help us continue our work for animal liberation prisoners by joining us as a supporter. Just fill out the form below and post it to:

ALF Supporters Group, BM Box 1160, London, WC1N 3XX.

OR **£2** per month
£24 per year

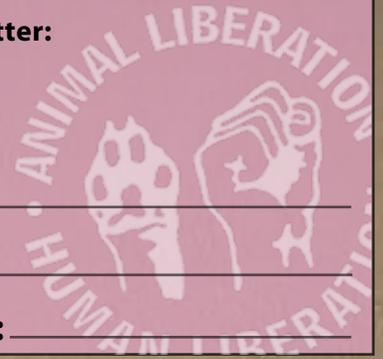
YES! I would like to become an ALF SG supporter and receive the newsletter:

- £2** per month - tick here to receive a Standing Order Form
 £24 per year - please enclose a cheque payable to 'ALF Supporters Group'

Full Name: _____ **Tel:** _____

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"The fight is not for us, not for our personal wants and needs. It is for every animal that has ever suffered and died in the vivisection labs, and for every animal that will suffer and die in those same labs unless we end this evil business now. The souls of the tortured dead cry out for justice, the cry of the living is for freedom. We can create that justice and we can deliver that freedom. The animals have no one but us. We will not fail them". - Barry Horne

